
Daily Bulletin: Wednesday, October 7th, 2026

1 message



ATTENDANCE PROCEDURES:

Parents/guardians must notify the Attendance Office within 72 hours to clear a student's absence. Report all absences, early releases, and appointments using the **[Google Form](#)**.

Please note that the form must be submitted using the parent/guardian email address registered in Aeries (parents will get a confirmation email).

Students may not submit the form unless they are 18 years old.
You may contact our attendance clerk by email for any questions:

Lisa Kastelan: kastelan@pvpusd.net

The A/B Calendar can be found on the PVHS website in case of any discrepancies.

Please click on the link here: [A/B Cal & Bells](#)

Daily Bulletin:

Wednesday, October 7th, 2026

9:20 – 10:05 Zero Period

10:10 – 11:35 Period 4

11:35 – 11:40 Nutrition

11:45 – 1:15 Period 5

1:15 – 1:45 Lunch

1:50 – 3:15 Period 6



The Principals' **P.A.C.**
ADVISORY COMMITTEE
APPLICATIONS ARE NOW OPEN!

This is a great opportunity for students to have a voice
in shaping school decisions and initiatives.

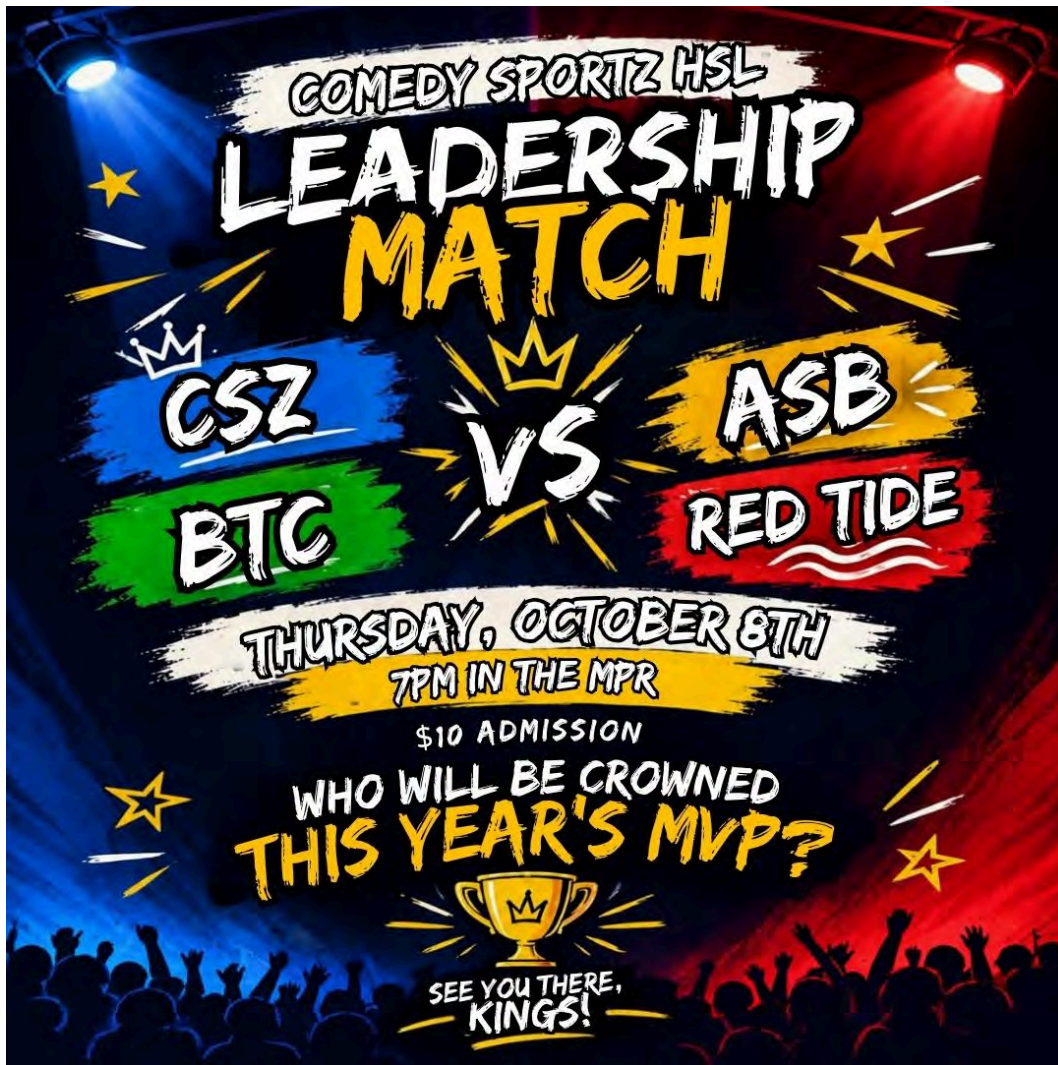


APPLICATIONS DUE BY
**FRIDAY,
OCTOBER 9TH**

SELECTED MEMBERS WILL
BE NOTIFIED BY
**FRIDAY,
OCTOBER 16TH**

*Don't miss your chance to contribute
and make an impact!*

[Application Link Here!](#)



Participate in the library's annual mini-pumpkin decorating challenge! Enter under one of **5 categories**. All entries are due Monday morning, **October 26**. Sign up today! We can't wait to see what you come up with! (No carving, no punctures, no full-sized pumpkins). Come to the library for details.

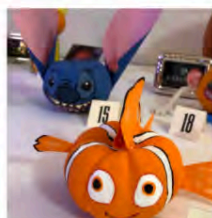
Sign up here: bit.ly/PVminipumpkinsignup

SIGN-UP
ONLINE
OR IN THE
LIBRARY



WIN
BRAGGING
RIGHTS &
SMALL
PRIZES!

MINI-PUMPKIN DECORATING CHALLENGE



5 Categories: Characters/books, Scary, Pretty, OVER-the-TOP, & PVHS/Red Tide*.

Decorate a mini pumpkin & bring it to the library to display Monday, Oct 26.



*Work on your pumpkin
at home or use
materials in the library.*
bit.ly/PVminipumpkinsignup

**1ST 10 PARTICIPANTS
ENTERED IN
DRAWING FOR A
FREE PUMPKIN!**

SCIENCE NATIONAL HONOR SOCIETY

APPLICATIONS DUE

OCT 9

TRANSCRIPTS AND
FEES TO MRS.
MAEMOTO IN RM. 314



[Sign Up Link](#)

LA SOCIEDAD HONORARIA HISPÁNICA



APPLICATIONS
DUE FRIDAY
10/16

TURN IN TO MRS.
REMETA'S ROOM 331



[Sign Up Link](#)

FOOD DELIVERY POLICIES



STUDENTS ARE NOT ALLOWED TO LEAVE CLASS TO PICK UP DOORDASH OR UBER EATS ORDERS.



STUDENTS ARE NOT TO MEET DRIVERS
IN THE PARKING LOTS
OR ASK THE DRIVERS TO
GO BACK TO THEIR CLASSROOMS.



ALL DELIVERIES MUST BE PUT ON THE TABLE OUTSIDE OF THE MAIN OFFICE.

PVHS is not responsible for any lost or stolen food deliveries.
Should you order food to be delivered, do so at your own risk.
Thank you.

PV LACROSSE TRYOUTS



- ▶ **Wed 11/4** - 1:50pm - 4:30pm - PVHS Stadium Field
- ▶ **Fri 11/6** - 1:20pm - 4:30pm - PVHS Stadium Field
- ▶ **Sat 11/7** - 8:00am - 11:00am - Ridgecrest Intermediate Turf

No Cut JV - All Athletes welcome

Come be a part of the fastest growing sport in America
Find out why lacrosse is The Fastest Game on 2 Feet!

PV is a reigning CIFSS Division 1 playoffs Elite 8 Quarterfinalist



ATTENTION ALL GIRLS SOCCER PARENTS: There is a Mandatory Informational Parent Meeting
When: Thursday, October 15th at 7:00 pm
Where- OAR



Class of 2030 Parents/Guardians: You are invited to join PVHS School Counselors for the **Freshman Parent and Guardian Presentation** on **Wednesday, October 7, 2026**. We will offer two sessions:

- **9:00 AM** in the PVHS MPR
- **6:00 PM** via webinar (please register [here](#))

The same information is shared at both presentations. Choose the time that works best for your schedule.

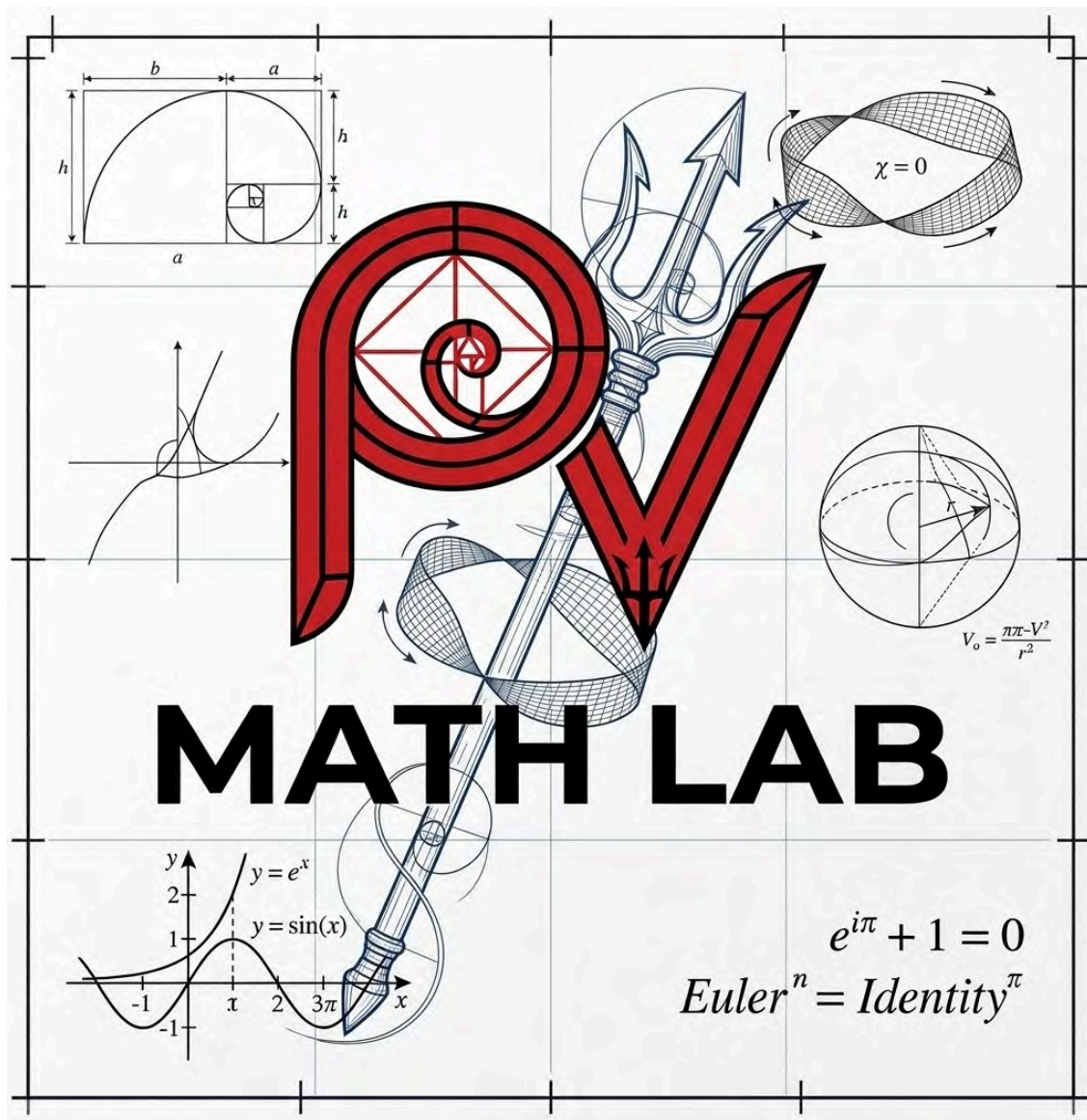
In this presentation, we will cover academic requirements and extracurricular supplements, how to help your Sea King transition into high school, counseling support and intervention opportunities, and tips about how to make your student's first year a great one!

If you have questions, please don't hesitate to reach out to your student's counselor. You can also follow us on Instagram [@pvhscounseling_](#) for

important updates and reminders. We look forward to partnering with you in supporting our freshmen as they embark on their high school journey.



The last day to drop or level down in a class with no impact to your transcript is this **Friday, October 9**. All level-down schedule changes must have space available and fit your schedule. The next deadline is Friday, November 6, to drop a class from your schedule with a W for withdrawal. Please see or contact your counselor with any questions you may have.



PV Math Lab: We are offering drop-in math support every Monday and Tuesday during lunch:

- **Algebra 2 Math Lab: Room 308**
- **General Math Lab: Room 407**

No appointments necessary. Just bring whatever you are working on and stop by!

CYBER SECURITY

SOCAL
ROC

EXCLUSIVE TO SOCALROC PARTNER DISTRICTS

BRAND NEW CLASS!

- ✓ 10 Credits
- ✓ Meets "G" Requirement
- ✓ HYBRID + IN-PERSON
- ✓ STARTS SATURDAY OCT 4!
- ✓ TRANSPORTATION NOT INCLUDED



PRE-ENROLL NOW

This course is **ONLY** for SoCalROC's partner districts, and tuition is treated as a normal "SCROC" class. The only difference?

We will not provide transportation for the in-person portion, held on Saturdays at El Segundo High School.

COLLEGE REP VISITS

WEEK OF **Oct. 5**

MONDAY



Mini College Fair @ Lunch:

John Hopkins Univeristy
St John Universtiy
University of San Diego
Universal Technical Institue of AZ
Butler Universtiy

TUESDAY



- 9:45 am - Whitworth University

WEDNESDAY



- 12:00 pm - Drexel University
- 12:45 pm- Brandeis University
- Lunch - Application Support in the CCC

THURSDAY



- 9:45 am- Occidental College
- 11:45 am - UC Irvine
- Lunch - Application Support in the CCC

FRIDAY



- 9:45 am - Emory Univeristy
- 11:00 am - Purdue University



See You in the CCC!



Class of 2027 - do not miss the chance for a complete step-by-step walkthrough on how to complete the FAFSA! Hosted by Palos Verdes High School and brought to you by **College Aid Works**, this will be such an informative night to understand how to apply for financial aid for college. Get your questions answered in our live webinar and learn exactly what you need to do to complete the FAFSA!

TUESDAY OCTOBER 6th @ 7pm

Link to register for webinar: **[HERE](#)**

PALOS VERDES HIGH SCHOOL

COLLEGE APPLICATION SUPPORT

DREAM
PLAN
ACHIEVE

 **LUNCH TIME** |  **LOCATION**
COLLEGE AND
CAREER CENTER (CCC) |  **DROP IN HELP**
FOR ANY APPLICATION
NEEDS WITH PVHS
COUNSELORS

FALL 2026 DATES

WEDNESDAYS	THURSDAYS
OCT 7	OCT 8
OCT 14	OCT 15
OCT 21	OCT 22
OCT 28	OCT 29
NOV 4	NOV 5
NOV 11 NO SCHOOL - VETERAN'S DAY	NOV 12



Class of 2027 - Application Support in the CCC @ lunch. PVHS Counselors are here to help you! Come with any and all questions! Special guest appearance and assistance by Mrs. Lewis on Oct 8th! Mark your calendar to come get your questions answered on any parts of the Common App, UC App or Cal State Application!

PALOS VERDES HIGH SCHOOL

TESTING DAY

OCT 21

DREAM
PLAN
ACHIEVE

PREPARE • PRACTICE • PLAN AHEAD

10TH GRADE

PRACTICE FULL SAT

PROVIDED BY COMPASS EDUCATION

All 10th graders are invited to take a **practice full SAT** provided to us by Compass Education at school on testing day. This test is purely for practice and provides students with a great baseline of understanding for future testing.

- CHECK IN**
Students check in at school from **8:00 – 8:15 AM**.
Test starts promptly at **8:30 AM**.
- BRING A LAPTOP**
Students may bring their own laptop to take the test (if desired) or use a PVPUSD provided Chromebook.
- REGISTER AHEAD OF TIME**
Students must register for the test ahead of time.

11TH GRADE

PSAT

All 11th graders will have the option to take the **official PSAT** at Palos Verdes High School on **Oct 21, 2026**.
No registration is required.

- CHECK IN**
Students check in at school from **8:00 – 8:15 AM**.
Test starts promptly at **8:30 AM**.
- USE A PVPUSD CHROMEBOOK**
All 11th grade students must use a PVPUSD provided Chromebook to take the test.
- NO REGISTRATION REQUIRED**
All 11th graders will be automatically enrolled to take the official PSAT at PVHS.

REGISTRATION IS DUE BY 3:00 PM ON OCT 14, 2026.
The registration link will be shared in the daily announcements.

SAME PLACE. BRIGHTER FUTURES.

SCHOLARSHIP UPDATE:

The 2027 MVS application is now open.

The application deadline is November 12, 2026.

The Elks National Foundation (ENF) awards 500 four-year scholarships based on academics, leadership, and financial need. National awards range from \$1,000 per year to \$7,500 per year. The national awards will be announced in April 2027. **MVS scholarship applicants will also be eligible to receive a scholarship from our Lodge, District, and/or State.**

MVS scholarships are for high school seniors who plan to pursue a four-year degree on a full-time basis (minimum of 12 semester hours), at a U.S. college or university starting 2027-28.

Some important applicant details include:

« Current high school seniors (or equivalent) who are citizens of the United States are eligible to apply.

- « Applicants do not have to be related to a member of the Elks.
- « Male and female students compete separately.

Applicants select from a list of the Lodges closest to their home address zip code.



ELKS MOST VALUABLE STUDENT SCHOLARSHIP

ACADEMICS | SERVICE | LEADERSHIP | FINANCIAL NEED

ELIGIBILITY: High school senior and United States citizen.

IMPORTANT DATES	500 FOUR-YEAR AWARDS*
▶ APPLICATION OPENS: August 1, 2026	▶ 20 AWARDS WORTH \$30,000
▶ APPLICATION DEADLINE: November 12, 2026	▶ 480 AWARDS WORTH \$4,000

*Awards paid over four years

FOR DETAILS

- ▶ Visit enf.elks.org/MVS to apply.
- ▶ Contact your local Lodge by visiting elks.org/Lodges.
- ▶ Ask your high school guidance counselor.



The Elks National Foundation awards **\$2.52 million** in college scholarships to a total of 500 high school seniors nationwide through its Most Valuable Student scholarship contest.

Visit enf.elks.org/MVS for complete details.



Helping Elks Build Stronger Communities
2750 N. Lakeview Avenue | Chicago, IL 60614-2256 | 773/755-4732 | scholarship@elks.org | elks.org/scholars





Volunteer with PVPUSD

MAKE A DIFFERENCE IN OUR SCHOOLS!

Thank you for your interest in volunteering with the Palos Verdes Peninsula Unified School District. Please review the following information to learn how you can get involved.



Types of Volunteer Opportunities



CATEGORY A:
Special Events
(Site-Specific) or
Office Volunteer



CATEGORY B:
Day Field Trips,
Parent-Led Art
Classes, Reading
Groups, Tutoring, etc.



CATEGORY C:
Overnight Travel and
Special Event Drivers
(Parents/guardians
using personal vehicles)

Required Documentation

REQUIREMENTS FOR CATEGORIES A, B, & C



Valid Form of Identification

- Driver's License
- Identification Card
- Passport



Tuberculosis (TB) Risk Assessment

- To access the TB Risk Assessment Form, scan the QR code or visit tinyurl.com/VolunteerTBRisk
- If applicable: TB results must show date given, date read, results, and name of medical facility.
- Assessments and/or results are valid for four years.



Raptor Check-In

- When arriving at a school site, volunteers must present a valid state-issued identification to use with the Raptor system.
- Volunteers will receive a sticker with their name and volunteer location after checking in.

REQUIREMENTS FOR CATEGORIES B & C

• Live Scan Background Check

- To request a Live Scan Background Check, scan the QR code or visit tinyurl.com/PVPUSDBackgroundCheck



• California Annual Mandated Reporter Training

- Before volunteering, provide your training certificate to the school office.
- This training must be completed and updated annually.
- To complete the training, scan the QR code or visit mandatedreportertraining.com/volunteers-training.
- If you are a first responder or educator, you may use that training certificate.



Ready to Volunteer?

For application materials, forms, and additional details, scan the QR code or visit pvpusd.net/volunteers.





Calling all artists, photographers, and writers to
Explore America's History!

The Point Vicente chapter of the Daughters of the American Revolution is sponsoring the following contests to promote good citizenship and appreciation of our American heritage.

Potential for monetary awards and national recognition!

Junior American Citizen Contest (Pre-K to Grade 12)

Topic: A Symbol of Independence: The Statue of Liberty Illuminating the Path to Freedom for 140 Years

Contest Categories: Stamp Design, Photo Essay, Banner, Poster, Digital Art, Poem, Short Story, Graphic Novel/Comic, Community Service

Patriots of the American Revolution Essay Contest and American History Video Contest (Grade 9-12)

Topic: Select a figure from the American Revolution. Discuss how he/she influenced the Revolution and contributed to the founding of a new nation.

Essay 800-1200 words, Video $\leq$ 3 minutes

American History Essay Contest (Grade 5-8)

American History Video Contest (Grade 5-8)

Topic: Announcement of the Declaration of Independence First Reading. How would you react to hearing the Declaration read in your community? How would this have impacted your life?

Video: $\leq$ 3 minutes, Grade 5 essay: 300-600 words, Grade 6-8 essay: 600-1000 words

The deadline for submissions is November 1st, 2026

FOR CONTEST SUBMISSION RULES CONTACT:

Junior American Citizen Contest: pvdarjac@gmail.com

American History and Patriot contests: pvdaramerhist@gmail.com



PVHS PTSA MEETINGS

Meeting Topics & Activities
2026-27

All Meetings to occur at 9 am in the PVHS MPR

September 22, 2026

Celebrating our District!

Guest Speaker:

Dr. Devin Serrano, PVPUSD Superintendent
District & PVHS Academic Highlights

Athletic Program Overview

Student Involvement on Campus

Student Clubs, MUN, Mock Trial, PVIT,
Capitol Convoy, Debate Team and more!

February 23, 2027

Leadership & Activities @ PVHS

ASB

Red Tide

Be the Change

Live from 205

PV Board Member Student Council

October 27, 2026

Red Ribbon Week @ PVHS

Guest Speakers:

Substance Abuse Speaker
(TBD)

March 23, 2027

College Readiness @ PVHS

College & Career Center Updates
Student Scholarship Information
College Readiness Next Steps

November 17, 2026

Academic Counseling @ PVHS

Student Course Scheduling

Student Academic Pathways

AP vs. Honors vs. Dual Enrollment

Dual Enrollment Opportunities:

SCROC & Harbor Community College

April 20, 2027

Student Mental Health @ PVHS

Guest Speakers:

Kathi Colli, Sage Therapy

Sage Counseling Services at PVHS

January 26, 2027

Engineering & Research @ PVHS

PVIT & Robotics Teams

Science Pathways & Course Offerings

Science Research

AP Research & Capstone

PVHS Library Services & Research

Can't Make It?

Participate Virtually

[https://us02web.zoom.us/j/88620741188?](https://us02web.zoom.us/j/88620741188?pwd=SBjnWmA6A2OdTDmMpq6iFbCHNBDTmO.1)
[pwd=SBjnWmA6A2OdTDmMpq6iFbCHNBDTmO.1](https://us02web.zoom.us/j/88620741188?pwd=SBjnWmA6A2OdTDmMpq6iFbCHNBDTmO.1)

*All are welcome to
participate & learn!*

PVHS



PTSA



PRIDE. TRADITION.
THE TIME IS OURS.

Palos Verdes
EST. 1961
HIGH SCHOOL



ONCE A SEA KING,
ALWAYS A SEA KING.

PVHS SPIRIT STORE

WEAR YOUR PRIDE. SUPPORT YOUR SCHOOL.

TEES - UNISEX: \$25



TEES - WOMEN:



\$25

\$30

NEWPORT KNIT SWEATERS:



\$130

\$100

\$130

\$100

\$130

SWEATSHIRTS:



\$60

\$50

\$85

\$50

HOODIES: \$60



HATS: \$40



\$25

SWEATPANTS / SHORTS: \$45



ACCESSORIES:



BLANKET
\$40

JUTE TOTE
\$20

PLUS:
FOLDERS
PENCILS / PENS
+ MORE!



FOLLOW US & SHOP ONLINE!



VISIT OUR WEBSITE

www.pvhsspiritstore.com



FOLLOW US ON INSTAGRAM

@pvhsspirit_store



PALOS VERDES HIGH SCHOOL • SEA KINGS

PVHS
EST. 1961

BUILT ON TRADITION. DRIVEN BY PRIDE.

PVHS Spirit Store: www.pvhsspiritstore.com

Call for Reflections Entries 2026-27!

 Dance Choreography

 Film Production

 Music Composition

 Literature

 Photography

 Visual Arts

 Accessible Arts



Due Date: October 19 by 11:59PM

Entry Link: [PVHS Submission Form](#)

For rules and guidelines: <https://capta.org/resource/participant-forms/>

PVHS Reflections Celebration to follow for awards distribution. Students are invited to submit entries in one or more categories.

For questions, please contact Debbie Fang at debbie.ma@yahoo.com.

Link: [Palos Verdes High School 2026-2027 Reflections Student Entry Form](#)



PVHS Booster Club 26-27 Link:

**[www.memberplanet.com/s/
pvhsbooster/boosterclub_membership_2026-27](http://www.memberplanet.com/s/pvhsbooster/boosterclub_membership_2026-27)**





WALK WITH PV HIGH

Join our team and help support PV High students!
Our Goal: 365 Walkers



**SUNDAY
OCTOBER 18**



**JOIN THE
PV HIGH TEAM**



**SELECT PEF AS
YOUR ORGANIZATION**



**WALK IN PERSON OR
PARTICIPATE VIRTUALLY**

REGISTER TODAY ➔

Your \$30 registration is multiplied by
Skechers before being donated to PEF!



**REGISTRATION LINK
SCAN TO
JOIN THE TEAM**



**PENINSULA
EDUCATION
FOUNDATION**

W

A program by Emmy Award-winning
Girls' Voices Now

DAY OF THE GIRL SUMMIT

**\$500
UP FOR
GRABS!**



FROM YOUR IMAGINATION TO THE SCREEN
YOUR STORY CAN CHANGE THE WORLD

Panels. Workshops. Mentors. Wellness. Swag

**SCAN QR CODE &
REGISTER TODAY**

October 10, 2026
**ASU California Center 9:00am-
3:30PM**



The M&T Charitable Foundation

LOCAL 10

usbank

ASU



**GOLDEN
GLOBE
FOUNDATION**

CORA

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JAMES COHEN FAMILY FOUNDATION OF LOS ANGELES

hereTV

FIRST ENTERTAINMENT
CREDIT UNION

**Brabson Family
Foundation**

**SONY
PICTURES**

TOPICALS

WOMEN'S VOICES NOW is not endorsed, sponsored, or supported by Palos Verdes Peninsula Unified School District



We Are Brave Together serves and supports the mental and social health of caregiving moms worldwide.

♥ **Connection Circles / Mom Mingles**

Informal gatherings where caregiving moms connect, share, and belong.

♥ **Respite Retreats & Retreat Scholarships**

Dedicated time away for caregiving moms to rest, restore, and reconnect with themselves and each other.

♥ **Brave Together Podcast**

Conversations that offer authentic stories and resources.

♥ **Books**

Our publications speak directly to and raise awareness about the caregiving mom experience.

♥ **Virtual Mental Health Education Sessions**

Hosted by a licensed psychotherapist, this free resource brings valuable tools meant to empower a caregiving mom on her own terms.



CONNECT WITH US.

- | | |
|---|--|
| Brave Together Podcast | We Are Brave Together |
| wearebravetogether | wearebravetogether.org |
| wearebravetogether | hello@wearebravetogether.org |



You are not alone

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Palos Verdes High School | **Website**



Palos Verdes High School | [600 Cloyden Road](https://www.palosverdesunified.org) | [Palos Verdes Estates, CA 90274 US](https://www.palosverdesunified.org)

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